

## Personal Appointments with Gill

During COVID-19 restrictions, Distance Healings supported by Phone, Zoom or Messenger Video Consultations are available.

With COVID-19 Restrictions in place, these are a wonderful option to receive Reiki Healing

Reiki Master Healings can gently open the door to living and connecting with you and a life with more peace and harmony in your life.

Time for you to be with you.

Contact Gill for more information.





## I now choose the Freedom to be me!

One of the greatest challenges in life is to feel safe enough to stand proudly within our unique personal empowerment and expression.

As we journey through life, we unconsciously develop perceptions in the way we see ourselves and therefore the way we perceive life itself. Experiences we have influence our relationship with ourselves. Often a fear of being rejected affects the way we interact with others and ourselves.

Many of us swallow our uniqueness and behave as we think others would like us to. We often adapt and adopt beliefs and behaviours at the expense of our true selves.

As we heal with Reiki, we learn that it is safe to choose the freedom to connect with, and express our unique individuality within each day.

# Thursday Morning Meditation and Empowerment Gathering

Due to COVID-19 Restrictions, this Gathering is held on Zoom.

\*Thursday Mornings ... 10:30pm – 12noon \*Each Fortnight Bookings are Essential The Fee is \$20-Please Contact Gill for Zoom Details

Both Men and Women are welcome to this Gathering





## Women's Wholistic Empowerment Gatherings

Due to COVID-19 Restrictions these Gatherings are held on Zoom

#### Weekly Gatherings for women to learn the skills to be Gracefully Empowered!

Each week you will have the opportunity to enhance your knowledge and understanding to skillfully and consciously harmonize your Spiritual, Emotional, Mental and Physical well-being.

\*Enliven your Spirit
\*Align with your Purpose
\*Nurture your Soul
\*Embrace Peace in your Heart
\*Flourish in Life

Gill will offer you the opportunity to enhance and develop your Meditation skills with Conscious Relaxation.

Each week we will learn more about harmonized expression of your inherent feminine empowerment.

These Gatherings are a wonderful platform for women to gather and sit together as one with peace, knowledge, love, compassion, acceptance and understanding at the core of our experience together.

Women supporting Women with the heartfelt supportive environment of The Healing House.

Hope you can join Gill each week ... or as often as you can ....

When? Each Wednesday Evening 7:30pm – 8:30pm

*The Fee?* \$15- each time you come along.

Bookings are essential Contact Gill on 0407 561 607 for Zoom Details

It's Time to Heal.

Gillian Moxom Reiki Master: Teacher and Healing Practitioner www.healinghouse.com.au 0407 561 607





Did you know that we have **Gift Vouchers** available at The Healing House?

A Gift Voucher can be a wonderful gift for someone who may be interested in receiving a Reiki Master Healing, learning the basics of Conscious Relaxation meditation in a personal appointment or even the deposit or payment for learning Reiki.

At The Healing House we also have **Crystals** available for purchase. Each representing the energy of each Chakra within the Chakra System.

Please contact Gill for more information about these gift ideas.





Reiki Healing Circle is held exclusively for those who have learnt Reiki with Gill at The Healing House.

They are an opportunity to come along to The Healing House and offer and receive Reiki and enhance your Reiki healing skills in a supportive and supervised environment.

## **Reiki Healing Circles**

Geelong \$15 One Sunday Morning each Month 10:30am – 12noon

Due to COVID-19, Reiki Healing Circles are currently suspended

Gillian Moxom Reiki Master: Teacher and Healing Practitioner www.healinghouse.com.au 0407 561 607







I was recently asked if Reiki can cause harm .... The definitive answer is "no" ... Reiki does not cause anything!

The key to Reiki Healing is that the energy offers rejuvenation of our energy fields by offering a significant energy boost to our innate ability to heal.

When we are stressed, depressed, anxious, in pain, or unwell our innate ability to heal continuously draws upon our own energies in an attempt to return to harmony and wellness again.

In other words, our innate ability to heal works overtime. The result is that we tend to become tired and drained. This leaves us in a place of being low in our personal energy and less energetically robust.

Our bodies are energy ... our cells are energy, our spirit is energy, our auric field is energy ... we are pure energetic beings.

In our Western Society we spend way too much time indoors where there is little opportunity for energy rejuvenation.

Our natural state of rejuvenation is to be outdoors.

We feel energized when we are moving while outside and connect with the elements ... The Earth,

The Wind, The Sun, The Stars

The flow of Water at a Beach or by a River.

All of these experiences connect us with our natural energy rejuvenation sources.

At times though we all need an extra power boost for healing and clarity of thought.

This is where Reiki comes as a wonderful gift that we can offer ourselves.

Reiki also supports our energy flow with a power boost of connection to Universal Life-Force Energy.



With either Reiki distance healing or Reiki hands-on healing your body draws upon the energy creating the opportunity for inner harmony and rejuvenation.

During this time of the COVID-19 Pandemic, I am receiving many requests for Reiki Distance Healing Appointments .... with fabulous results!!!

I have had full faith in Distance Healing since first being introduced to it in 1995 ... the wonderful outcomes from Distance Healings in recent times has enhanced my faith and trust in Reiki and Distance Healings.

With Reiki there is no need to suffer. Reiki can offer the opportunity for change with Love and the Key. It's Time to Heal







#### Follow Gill on Facebook: @ReikiatTheHealingHouse



May you wear your power Lightly, May you walk with Impeccability, May you approach life with Compassion, May you live up to the Integrity of your unique human Potential

Sacred Native American Teaching







## *Reiki Training, Attunement & Healing Workshops with Gill*

## Reiki 1

- \* At Reiki 1 you will become attuned to the Reiki Energy and learn the Usui Method of Natural Healing
- \* You will learn how to offer Reiki to yourself, family and friends ... and pets!
- \* You will be guided through the history of Reiki, the Reiki Principles, how to offer Reiki to yourself and others, and how Reiki can support you and those around you.
- \* Upon completion you will receive a Basic Reiki Certificate and Reiki Healing Energy with you – <u>Forever</u>

## Reiki 2

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- \* Reiki 2 is recognized as the Advanced Level of the Usui Reiki Method of Natural Healing
- \* You will learn how to send healings over a distance and how the flow of Reiki energy can be intensified during "hands-on" healings
- \* Upon completion you will receive your Advanced Reiki Certificate, and be more closely aligned with Reiki Healing Energy
- \* Anyone who has learned Reiki 1 is welcome to learn Reiki 2 with Gill

## **Reiki 2 Extension**

- \* Reiki 2 Extension is an opportunity to expand your knowledge, confidence, and experience with Reiki
- \* Your Reiki skills will be completely revised increasing your confidence and confirming your knowledge
- \* You will learn extra Reiki healing skills including another approach to offering Reiki Healing and enhanced Pet Healing Skills
- \*Reiki 2 Extension is a pre-requisite for Reiki Master: Healing Practitioner & Reiki Master: Teacher Training
- \* Reiki 2 with Gill is a pre-requisite for Reiki 2 Extension
  - (If you have learned Reiki 2 elsewhere, you are welcome to revise and refresh your skills with Gill)



#### **Reiki Master: Healing Practitioner**

\* Offering Reiki healings to others at this level requires a willingness to connect with personal awareness and a journey towards personal mastery

\* This one – on one training with Gill is an opportunity for intense Reiki Healing, personal growth personal spiritual connection and a deeper connection with Reiki.

\* Training as a Reiki Master: Healer offers wonderful opportunities for release of fears, mental, emotional, physical and spiritual wellbeing, personal fulfilment and connection with your purpose and connection with like-minded people.

\* Reiki Master: Healing Practitioner training is 6 to 12 months of personal training with Gill. \*Upon completion you will receive your Reiki Master: Healing Practitioner Certificate.

#### **Reiki Master: Teacher and Healing Practitioner**

\* Reiki Master: Teacher & Healing Practitioner training with Gill opens the way for you to teach Reiki to others and align them to Reiki.

\* Offering Reiki to others as Reiki Master: Teacher is a wonderful experience that requires a conscious connection to understanding and awareness.

\* This is empowering training over 6 to 12 months ensuring a comprehensive, thorough, and enlivening transition to your alignment as a Reiki Master: Teacher & Healer

\* During the training you will learn how to pass attunements for Reiki, what each phase of Reiki represents, a deeper understanding of your relationship with Reiki and expanded personal growth and spiritual awareness.

\*Upon completion you will receive your Reiki Master Certificate.

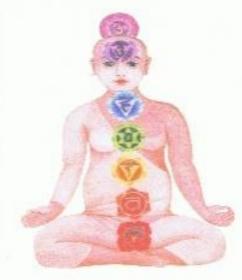




# Understanding Your Chakras –

The Chakra Workshop

Due to COVID-19 Restrictions there is no date set for this Workshop



At this workshop you will learn how your Chakras influence your life how to balance your Chakras each Chakra's individual characteristics how Chakras are a part of your life

When you have knowledge about your Chakras you will feel a greater sense of: Health Insight Spiritual Growth Personal Awareness

Who should do this workshop? Students of Reiki Anyone interested in personal balance, health and well-being Natural health professionals Anyone with Chakras

The Fee for this workshop is \$395- ~ Concession Rate of \$375- is available for Health Care Card Holders and there is a reduced fee of \$350- for those who have previously attended this workshop and would like to attend again.



REIKI WORKSHOPS Reiki 1 Reiki 2 Reiki 2 Extension

ZOOM GATHERING Women's Wholistic Empowerment Gathering Personal Growth and Spiritual Awareness Circles

REIKI PERSONAL TRAINING Reiki Master: Healer Reiki Master: Teacher & Healing Practitioner

PERSONAL APPOINTMENTS Reiki Master Healing Distance Reiki Master Healing Wholistic Life-Skills – Mentoring & Guidance Plan

CIRCLES Reiki Healing Circles (Currently Postponed)

SACRED CEREMONIES Home Blessings Sacred Earth Circle Creations Baby Blessings

OTHER WORKSHOPS Understanding Your Chakras - The Chakra Workshop The Wesak Experience Reflect, Review & Renew – Wholistic Manifestation in Action Being distracted, unfocused, tired, irritated & impatient may indeed be because you are ungrounded. Take a few moments to centre yourself, consciously connect with Mother Earth... and breathe. Notice the difference!!

> Gillian Moxom www.healinghouse.com.au

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0407 561 607