

Greetings from Gill at The Healing House



The Value of Rhythm

As time rolls by it seems our lives can easily become more complicated and confused.

Many seem to have a need for things to happen quicker and to have responses at our whim and desire.

This need for immediacy, places more and more stress and moving away from the natural rhythms of life. When we move out of rhythm for extended periods of time, we tend to feel discomfort and experience disharmony in our bodies and in our lives.

I have come to believe that Reiki Healing is 'the opportunity for change with love'.

Change in life is inevitable. We can choose to flow with it or resist it.

Change can unfold with ease when we allow it to unfold. If we force change, it is rare that anything *close* to ease happens for us!!

Reiki presents the opportunity to move away from health issues or thought patterns or behaviours that no longer serve us with greater ease and personal harmony.

My observation of healing over these past years has lead me to believe that change from that which no longer serves us, is a rhythmical process. When we allow that rhythm to unfold we experience wonderful healing. And with healing comes peace, contentment and harmony.

Reiki allows us the time and space to view our lives from a different, and generally, simpler perspective.

Regular healthy habits seem to result in health and a sense of wellbeing.

Our lives respond well when we allow positive influences in our lives to flow with a rhythm. For example, we feel better when we have regular sleep, regular meals, regular exercise, regular water, regular work, regular holidays.

The Journey of Mother Earth is one of rhythm. Connection to rhythm is a natural part of the journey of all whose life force is supported by Mother Earth – including the oceans, the birds, all creatures, the trees and flowers.

Mother Earth has her own rhythm with the Sun and the Moon.

Because our journey is upon Mother Earth we are naturally connected to her and her rhythms. Our lives respond to rhythm and we actually crave rhythm.

I have observed that when we allow the rhythm of time and space for personal healing – we seem to have more time and space!!! – and we experience a flow with personal healing.

We can allow change with our attitudes and beliefs with love for the process, rather than fear of the resulting changes within and around us.

When changes in life unfold gradually, we feel more peaceful, greater harmony and deeper contentment. We have the space to come to terms with the transition.

I would like to encourage you to allow yourself the gift of rhythm in your life. I can guarantee that if you create a rhythm of Reiki healing, you will enjoy the benefits in every area of your life.

Wishing you peace and harmony each day

Gill

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*choose kindness
and laugh often.*



What's On at The Healing House?

Please contact Gill with any enquiries that you may have and to reserve your place at workshops and circles at The Healing House or to arrange your personal Reiki Healing Appointment.

It's Time to Heal!

[Personal Appointments](#)

[Reiki Healing Circles](#)

[Women's Wholistic Empowerment Gatherings and Meditation Circles](#)

[Reiki Workshops](#)

[Chakra Workshops](#)



[Reiki Workshops ...](#)

All Reiki Workshops are held in Geelong

Reiki

The next scheduled Reiki One is ... October 19 & 20

(\$345-/ \$325 Concession)

The next scheduled Reiki Two is ... September 21 & 22

(\$445-/ \$425- Concession)

The next scheduled Reiki Two Extension is ... September 29 & October 6

(\$475-/ \$450- Concession)



[Women's Wholistic Empowerment Gatherings](#)

[Geelong...](#)

*Held each

Tuesday Morning 10:30am – 11:30am

or

Wednesday Evening 7:15pm – 8:15pm

*Fee is only \$15- each time to come along



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Meditation Circle is held in Ivanhoe

This fortnightly gathering is an opportunity to both learn and expand your Meditation Skills with like-minded people.

Ivanhoe

10:30am – 12noon

Every Second Thursday

\$20-



Reiki Healing Circles ...

Geelong ...

an opportunity for those who have

learnt Reiki with Gill to gain confidence with Reiki skills

Geelong

\$10-

Every second Tuesday Evening

7:15pm – 8:30pm



Understanding Your Chakras – The Chakra Workshop ...

There are two Chakra Workshops at The Healing House in Geelong...

Understanding Your Chakras- The Chakra Workshop and the Advanced Chakra Workshop

These fabulous workshops are designed for those who would like to learn the intricacies and wonders of The Chakra System and the influence it has within our lives. They are a fabulous asset for everyone who is interested healing... self-healing and offering healing to others.



Understanding Your Chakras-

The Chakra Workshop

30 November & 1 December

10:30am – 6pm Both Days

(\$425-/ \$400 Concession)

Advanced Chakra Workshop

December 14th

10:30am – 5pm

(\$225-/ \$195 Concession)



Gratitude



Mission Statement:

To create a supportive space for heartfelt connection:

“Connection with self, Connection with others,
Connection with purpose”



Gillian Moxom

Reiki Master:

Reiki Teacher & Healing Practitioner

Geelong

REIKI WORKSHOPS

Reiki 1

Reiki 2

Reiki 2 Extension

OTHER WORKSHOPS

Understanding Your Chakras -

The Chakra Workshop

Advanced Chakra Workshop

The Wesak Experience

Reflect, Review & Renew...

Wholistic Manifestation in Action

GATHERINGS

Reiki Healing Circles

Women's Wholistic Empowerment Gatherings

Reiki Master Gatherings Days

Melbourne and Geelong

REIKI PERSONAL TRAINING

Reiki Master: Healing Practitioner

Reiki Master: Teacher & Healing Practitioner

PERSONAL APPOINTMENTS

Reiki Master Healing

Wholistic Life-Skills – Mentoring & Guidance Plan

DISTANCE REIKI HEALINGS for Pets & Humans

PERSONAL GROWTH

& SPIRITUAL AWARENESS CIRCLES

SACRED CEREMONIES

Home Blessings

Sacred Earth Circle Creations

Baby Blessings

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