

## Greetings from Gill at The Healing House



### Connection

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When I first started my journey of connection with my spiritual essence, I was loved, guided and supported by some very wise Older Women. They suggested many wonderful healing opportunities and ideas that would guide me to a deep and powerful connection with my Higher Self, my Essence, Me.

One of these suggestions was to take a few minutes at the start of each day to connect with Me. They told me that I would benefit from taking time to focus on my personal healing and to give conscious gratitude for my life, my support and the gifts of abundance that I enjoy around me.

My life was in a bit of a mess – well actually a lot of a mess and I was eager and ready for change. So each day with enthusiasm and sincerity I would do as they said – and yes, indeed, my life began to change and I felt a strong connection to my Spiritual Self – just as they said I would. I felt better within myself and certainly more connected not only to my Spiritual Self, but also to my life!

Well, then, because things were rolling along well, I became, busy and I became complacent and I began to take the gifts in my life a bit for granted and my practice of self-reflection and conscious gratitude fell away.

My life seemed to roll along ok – but it was only reaching a level of ok!

One fateful day I was feeling unwell and 'out of sorts' so I took some time for myself to rest. I offered myself a Reiki. In my mind's eye I saw those beautiful Older Women and I remembered the Unconditional Love that they shared with me and I remembered their guidance to connect with 'Me' each day.

I had enough motivation to create the discipline to take a little time each day to once again for connection. In just a few days I moved from being just ok to once again, feeling connected to my sense of wholeness.

My morning time of connection is now a precious part of each day. I allow time every morning for me. .... Reiki, Meditation, expressions of Gratitude, Declarations ... and then the rest of my day has begins.

Having spent conscious time with 'Me' I am then ready to spend conscious time with others.

Everyone has their own personal circumstances and it's not always easy to put time aside – but, if you can find a way to bring some personal time into your day – I can guarantee you will begin to feel the benefits in your life. And what we have found is that as a result, those around you will benefit as well.

You can get started with as little as ten minutes – see if you can give it a go – and see what happens. All you have to loose is ten minutes! – And there is so much to gain!

I feel so blessed to have had the support and guidance from those Wonderful Women. I share this small part of their amazing wisdom with you with the hope it may enhance your life as it has mine.

As they supported me, I look forward to the opportunity to support you on your journey and wish you love, light and many blessings along the way.

With love,

*Gill*

Gillian Moxom

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### *What's On at The Healing House?*

Please contact Gill with any enquiries that you may have and to reserve your place at workshops and circles at The Healing House or to arrange your personal Reiki Healing Appointment.

*It's Time to Heal!*

[Personal Appointments](#)

[Reiki Healing Circles](#)

[Women's Wholistic Empowerment Gatherings and Meditation Circles](#)

[Reiki Workshops](#)

[Wesak 2020](#)

*Reflect, Review & Renew – Wholistic Manifestation*



### [Reiki Workshops ...](#)

All Reiki Workshops are held in Geelong

*Reiki*

The next scheduled Reiki One is ... 18 & 19 January 2020

(\$345-/ \$325 Concession)

The next scheduled Reiki Two is ... 23 & 24 November 2019

(\$445-/ \$425- Concession)

The next scheduled Reiki Two Extension is ... 21 & 22 February 2020

(\$475-/ \$450- Concession)



### [Women's Wholistic Empowerment Gatherings](#) [Geelong...](#)

\*Held each

Tuesday Morning 10:30am – 11:30am

or

Wednesday Evening 7:15pm – 8:15pm

\*Fee is only \$15- each time to come along



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### Why learn Reiki?

Reiki is an opportunity for deep personal transformation and healing. During the phases of Reiki Workshops you will be aligned with the Reiki healing energy and learn the principles and skills to offer healing to ourselves and others ... including our pets.

### What is healing?

Healing is the opportunity for transformation ... with love as the key. Because we have a strong natural instinct to survive, we inherently resist conscious change within ourselves ... unless circumstances "corner us" and our survival requires change and the subsequent transformation. The energy of Reiki supports us to be less resistant to change.... as we receive its gentle flow our energy systems come into balance. With this balance we are in a position to feel safe and harmonious with life and embrace healthy change more readily.

### Can anyone learn Reiki?

Yes!! You require no special skills or talents to bring Reiki into your life. It is available to all to bring into their lives. It is recommended that the minimum age to bring Reiki into your life is 14years. Before the age of 14 there is so much to learn, develop and experience.

It does however require a skilled Reiki Master to guide, support and align workshop participants with Reiki.

### Why learn Reiki with Gill at The Healing House?

Gill has been on the pathway of personal healing since 1983 ... and Reiki came into her life in 1992 when her Mother learnt Reiki.

Gill attended her first Reiki Workshop in 1995.

She studied and gained experience and was aligned as a Reiki Master in 1996... and has been a Full-Time dedicated Reiki Master: Teacher and Healing Practitioner and Reiki specialist since that time.

She is now one of the most experienced Full Time and dedicated Reiki Masters on Australia.

Gill embraces opportunities to continue her personal healing, her journey through life and her knowledge and wisdom.

Reiki is the foundation of both her personal and professional life.

She brings a wealth of knowledge and experience to Reiki. She is absolutely dedicated to her personal healing journey and supporting others on their pathway of healing and connection their personal purpose and wisdom.

Gill is aligned with the guidelines and recommendations for professional Reiki practice and instruction with following associations. She is an accredited member of the...

[Association of Australian Reiki Professionals \(AARP\)](#)  
and the [Australian Reiki Connection Inc. \(ARC\)](#)

Please contact Gill with any questions you may have.

It's Time to Heal!

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\* Enliven Your Spirit \* Align With Your Purpose \* Nurture Your Soul \*  
\* Embrace Peace in Your Heart \* Flourish in Life \*



## *Reflect, Review and Renew ... Wholistic Manifestation Workshop at The Healing House.*

The dawning of 2020 brings our Annual Reflect, Review & Renew Workshop (RRR) on Sunday the 5th of January.

This workshop is from 10:30am - about 5:00pm.

There are no pre-requisites for this workshop

Each of us is an individual and each journey through life is unique. This workshop celebrates this uniqueness and looks at the opportunities for the growth of personal awareness that the past year has brought.

We have found that when we sit in a clear and open space can we *truly* look at our lives with an open heart and open mind. It is then, we have found that clarity and compassion, objectivity and love flow.

We can then step into the next phase of our life with clearer vision, grace, and empowerment.

This is a very empowering workshop and it is a lot of FUN!

This workshop is an opportunity for participants to *Reflect* on the year that has been, *Review* behaviours beliefs and attitudes with conscious awareness. This clarity brings forward the opportunity to *Renew* our attitudes and beliefs about ourselves so we can step into 2020 with renewed compassion, awareness and goals.

Awareness is a key to wisdom.

This workshop space creates the opportunity for clarity, compassion and objectivity to flow forward with greater ease, clearer vision, grace and empowerment.

Please contact me to reserve your place at Reflect, Review & Renew.

The Fee for this workshop is \$110- with a Concession Fee of \$95- available for Health Care Card Holders and those undertaking Reiki Master Training with Gill at The Healing House.

I hope you can join me.

Bookings are Essential.

### *An Auspicious Life*

greet the dawn of a new day with open arms...  
walk in the sunshine...  
dance in the rain...  
skip through the puddles...  
lay on the dew as the evening settles in...  
allow freedom... allow peace...  
allow life beyond survival ...  
expand beyond the walls of restraint  
that have held you down...  
allow life's wonders and mysteries  
to unfold within you  
and around you!!!!

*Gillian Moxom*

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### Meditation Circle is held in Ivanhoe

This fortnightly gathering is an opportunity to both learn and expand your Meditation Skills with like-minded people.

#### Ivanhoe

10:30am – 12noon

Every Second Thursday

\$20-



### Reiki Healing Circles ...

Geelong ...

an opportunity for those who have learnt Reiki with Gill to gain confidence with Reiki skills in the supportive and encouraging environment of The Healing House

#### Geelong

Recommencing in 2020

There will be a Reiki Healing Circle one Sunday of each month 19:30am – 12noon

Fee \$15-



### Understanding Your Chakras – The Chakra Workshop ...

There are two Chakra Workshops at The Healing House in Geelong...

#### ***Understanding Your Chakras- The Chakra Workshop and the Advanced Chakra Workshop***

These fabulous workshops are designed for those who would like to learn the intricacies and wonders of The Chakra System and the influence it has within our lives. They are a fabulous asset for everyone who is interested healing... self-healing and offering healing to others.



#### ***Understanding Your Chakras- The Chakra Workshop***

30 November & 1 December

10:30am – 6pm Both Days

(\$425-/ \$400 Concession)

#### ***Advanced Chakra Workshop***

December 8th

10:30am – 5pm

(\$225-/ \$195 Concession)

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# Gratitude



## Mission Statement:

To create a supportive space for heartfelt connection:

“Connection with self, Connection with others,  
Connection with purpose”



Being distracted, unfocused,  
tired, irritated & impatient may  
indeed be because you are  
ungrounded.  
Take a few moments to centre  
yourself, consciously connect  
with Mother Earth...  
and breathe.  
Notice the difference!!

Gillian Moxom  
www.healinghouse.com.au



Gillian Moxom

Reiki Master:

Reiki Teacher & Healing Practitioner

## Geelong

### REIKI WORKSHOPS

Reiki 1

Reiki 2

Reiki 2 Extension

### OTHER WORKSHOPS

Understanding Your Chakras -

The Chakra Workshop

Advanced Chakra Workshop

The Wesak Experience

Reflect, Review & Renew...

Wholistic Manifestation in Action

### GATHERINGS

Reiki Healing Circles

Women's Wholistic Empowerment Gatherings

Reiki Master Gatherings Days

## Melbourne and Geelong

### REIKI PERSONAL TRAINING

Reiki Master: Healing Practitioner

Reiki Master: Teacher & Healing Practitioner

### PERSONAL APPOINTMENTS

Reiki Master Healing

Wholistic Life-Skills – Mentoring & Guidance Plan

### DISTANCE REIKI HEALINGS for Pets & Humans

### PERSONAL GROWTH

### & SPIRITUAL AWARENESS CIRCLES

### SACRED CEREMONIES

Home Blessings

Sacred Earth Circle Creations

Baby Blessings

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## Wholistic Life Skills

**Wholistic Life-Skills** is a personal mentoring plan facilitated by Gill, specifically for you!

*It is a healing plan that you can work through primarily or completely from the comfort of your own home.*

There is so much to learn about life and the opportunities that your unique potential has to explore and experience.

Fear of change often stops us from looking outside the familiar pages of our life's story. And, even if we move past the fear and explore new possibilities for ourselves, we often fall back into our old habits.

With **Wholistic Life-Skills** you will receive personal mentoring and guidance through the maze of your emotional, mental, physical, and spiritual self.

**Wholistic Life-Skills** will enliven a greater sense of personal purpose, self-understanding, clarity, and motivation within you.

You will have a deeper understanding of your life, your unique journey, and your purpose.

Life can be a journey of self discovery ... It is a journey of self determination - the path that you walk is your choice.

You make choices every day – some of them are made consciously and most of them are made unconsciously.

With **Wholistic Life-Skills** you will become more aware and more actively involved with your life, your journey, your path, and some of the patterns that drive your unconscious choices.

**Wholistic Life-Skills** is a pathway towards living with more conscious choice, conscious opportunity and challenge, and conscious clarity and understanding.

With guidance and loving support from Gill, you can make significant changes for yourself and live a life with greater personal understanding, compassion and healing.

If you are ready to take the next step in your healing journey, give Gill a call and find out more about **Wholistic Life-Skills**.

## Wesak 2020

### How will Wesak unfold at The Healing House in 2020?

Wesak celebrations are held around the world any time during a particular week that aligns with The Buddha's Birthday

During these two months we connect with a world-wide focus on Peace and Healing

We have found that gathering for the three phases of Wesak enhances our appreciation of ourselves as individuals and creates great connections and healing

At Phase Two of Wesak, we embrace a guided meditation and energetically connect with the energetic opportunity that this auspicious time offers us.

With this opportunity we also offer focused healing to Mother Earth and all whose life-force she supports.

We have lots of laughter, inner vision, personal healing and self-reflection.

The Three gatherings will be ...

**Sunday the 5<sup>th</sup> of April**

(Aligning with the Full Moon on the 8<sup>th</sup>)

**Saturday the 9<sup>th</sup> of May**

(The Auspicious Full Moon is on the 7<sup>th</sup> of May)

**Saturday the 6<sup>th</sup> of June**

(The Full Moon is on the 6<sup>th</sup>)

Wesak can have a huge impact on your life and your potential for healing and transformation.

The Fee for each Wesak gathering is \$95-  
Concession Fee is \$75-

**Join us for the next wonderful Wesak Experience.**

