\* Enliven Your Spirit \* Align With Your Purpose \* Nurture Your Soul \* \* Flourish in Life \* Embrace Peace in Your Heart \*



### Greetings from Gill at The Healing House

I hope you are well and embracing the wonder-filled gifts of life. As each year rolls on I am learning to embrace deep gratitude for the simple gifts and opportunities within life.

As I head to my 64th birthday, I have been reflecting on the vast highs and lows, challenges and opportunities, pain and delight, heartaches and celebrations, grief and celebration that I have experienced.

There is no doubt in my mind that learning Reiki in 1995, when I was 40years old, was a significant turning point for me to look at life and those experiences with more love, ease and grace.

Having Reiki in my life has not been an antidote for pain, heartache and challenges ... however Reiki and its gentle flow, principles and philosophies have, without any doubt, supported me to transition thorough those experiences with deeper clarity, ease, truth and flow.

At this time in my life, I am more dedicated to my pathway as a Reiki Master and The Healing House than ever before. I embrace the opportunity to support others with Reiki as they journey through the twists and turns of life.

My personal Mission Statement is that I say each morning is ...

"I ignite the power of love in my heart and life. I walk the path of peace. I live and share this empowerment gracefully and inspire others to walk their unique path of personal empowerment and healing."

This statement and other ceremony is the cornerstone of each day. They are a declaration of my dedication to my healing, purpose and pathway as I journey through each day.

I have found that starting each day with declarations and ceremony of how I choose to BE within that day, enhances my life and settles my soul. Ceremony is a very supportive energy to have within our lives. For thousands of years humankind has taken time from each day to BE and connect and breathe in the gifts of our lives.

Our lives have become very busy and we easily become "human doings". We unfortunately forget that we are "human beings".

One of the many gifts of Reiki is that it brings us the consciousness of BEING when we consciously connect it and its gentle flow.

I am available for Reiki Master Healing appointments in both Ivanhoe and Geelong.

You may choose to give me a call and reserve a time to receive the harmony and healing that Reiki Master healing offers.

Reiki Master appointments support you to take the time and learn the skills to "BE".

If you have learnt Reiki, I would like to encourage you to consciously connect and embrace the healing that is there for you.

If Reiki is not yet in your life, I can thoroughly recommend that you take the step come along to The Healing House and bring Reiki into your life.

When I visited ULURU last year, I took the time for personal reflection.

During that reflection I came to truly grasp the wisdom and guidance of these words ...

"Don't sweat the small stuff ... 'SIMPLY BE'."

This wisdom and guidance along with the idea of bringing Reiki and ceremony into each day ... is my gift to you as we head into this hectic few months ahead.

Wishing you love, light and many blessings







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The end of year break for The Healing House will be ...

Friday 21 December 2018 - resuming in Geelong on Wednesday the 2<sup>nd</sup> of January 2019. I will be available for personal appointments in Geelong during this time.

> The first Workshop in 2019 will be Reflect Review & Renew in Geelong All Welcome to both events



Mother Earth and Grandfather Sun are celebrated at the Summer Solstice. It is the perfect opportunity to express gratitude for their essential presence that sustains our lives and journey.

These celebrations are held in June in the Northern Hemisphere and in December in the Southern Hemisphere.

At the Summer Solstice the Sun is at its highest point in the sky. The Sun covers and warms the Earth with its rays. This is the beginning of the warming of the soil in preparation for Autumn and the bountiful harvest of food to nourish us and support us. Our ancestors celebrated the Summer Solstice as the beginning of summer and the gifts of warmth and preparation for "starting over."

The Summer Solstice is the longest day of the year. After the Summer Solstice every day gets shorter by a small amount and we arrive at the Winter Solstice.

At the Summer Solstice we honour and celebrate the light, as we begin our journey into the darkness and the gifts that darkness offers.

This celebration is an opportunity for conscious gratitude.





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# Reflect, Review & Renew

Each of us is an individual and each journey through life is unique.

This workshop celebrates this uniqueness and looks at the opportunities that the past year has brought us.

We have found that it's not until we sit in a clear and open space can we *truly* look at our lives with an open heart and open mind. It is then, we have found that clarity and compassion, objectivity and love flow.

We can then step into the next phase of our life with more vision, grace, understanding and empowerment.

#### This is a very powerful, practical and enlivening workshop.

This workshop is an opportunity for participants to **Reflect** on the year that has been, **Review** behaviours, beliefs and attitudes with conscious awareness. This clarity brings forward the opportunity to **Renew** our attitudes and step into 2019 with compassion, awareness and a renewed spirit.

#### Awareness is a key to wisdom.

This workshop creates the space and opportunity for clarity, compassion and objectivity to flow forward with greater ease, clearer vision, personal empowerment and grace.

We have held this workshop for many years and has been found to be a wonderful 'tool' to support us living more peaceful, productive and healthy lives. There are no pre-requisites for this workshop.

Bookings are essential

Where?The Healing House in GeelongWhen?Sunday the 6th of JanuaryTimes?10:30am - 5pm'ishFee?\$110- \*\* \$95- for Concession

What do I bring?

Bring along your journal or diary (if you have one), a poster/A5 size piece of card, old magazines and lunch to share

Please call Gill to reserve your place or if you have any questions at all... 0407 561 607

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# Open Your Heart to the Wisdom of Your Soul

Reiki brings forward opportunities for healing... connecting with the wisdom of our soul.

Reiki offers healing for us within our emotional, mental physical and spiritual selves.

It is so very easy to get caught in the hustle and bustle of life. We reach out and care for the wellbeing of others and sometimes we reach a point of thinking – what about me? Allowing some space for healing with Reiki opens pathways to connect with ourselves and rejuvenate ourselves and connect with our purpose and our soul.



# Gift Ideas available at The Healing House

Did you know that we have **Gift Vouchers** available at The Healing House?

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A Gift Voucher can be a wonderful gift for someone who may be interested in receiving a Reiki Master Healing, learning the basics of Conscious Relaxation meditation in a personal appointment or even the deposit or payment for learning Reiki.

Other Gifts available at The Healing House ... Crystals.

Each representing the energy of each Chakra within the Chakra System.

### Incense.

Nag Champa is available in packets ... \$2- each and boxes ... 12 packets for \$20-.

### **Unconditional Love Essence.**

Each bottle is \$20- .

### Loose White Sage

Grandfather Sage is fabulous for Smudging/Cleansing and Clearing

Please contact Gill for more information about these gift ideas.

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# Personal Appointments with Gill

Gillian Moxom is available for personal appointments where you will have the opportunity to receive a Reiki Master Healing.

Appointments are available in both Geelong and Ivanhoe.

Reiki Master Healings can gently open the door to living and connecting with you and a life with more peace and harmony in your life.

Contact Gill to arrange your personal appointment.

It's Time to Heal

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### ♡ Why learn Reiki?

Reiki is an opportunity for deep personal transformation and healing. During the phases of your journey with Reiki

Workshops you will be aligned with the Reiki healing energy and learn the principles and skills to offer healing to ourselves and others ... including our pets.

# $\heartsuit$ What is healing?

Healing is the opportunity for change ... with love as the key.

Because we have a strong natural instinct to survive, we inherently resist conscious change within ourselves ... unless circumstances "corner us" and our survival requires change.

The energy of Reiki supports us to be less resistant to change.... as we receive its gentle flow our energy systems come into balance. With this balance we are in a position to feel safe and harmonious with life and embrace healthy change more readily.

# ♡ Can anyone learn Reiki?

Yes!! You require no special skills or talents to bring Reiki into your life.

It is available to all to bring into their lives. It is recommended that the minimum age to bring Reiki into your life is 14years. Before the age of 14 there is so much to learn, develop and experience.

It does however require a skilled Reiki Master to guide, support and align workshop participants with Reiki.

# ♡ Why learn Reiki with Gill at The Healing House?

Gill has been on the pathway of personal healing since 1983 ... and Reiki came into her life in 1992 when her Mother learnt Reiki.

Gill attended her first Reiki Workshop in 1995.

She studied and gained experience and was aligned as a Reiki Master in 1996... and has been a Full-Time dedicated Reiki Master: Teacher and Healing Practitioner and Reiki specialist since that time.

She is now one of the most experienced Full Time and dedicated Reiki Masters on Australia.

Gill embraces opportunities to continue her personal healing, her journey through life and her knowledge and wisdom.

Reiki is the foundation of both her personal and professional life.

Gill brings a wealth of knowledge and experience to Reiki. She is absolutely dedicated to her personal healing journey and supporting others on their pathway of healing and connection their personal purpose and wisdom.

Gill is aligned with the guidelines and recommendations for professional Reiki practice and instruction with following associations. She is an accredited member of the...

<u>Association of Australian Reiki</u> <u>Professionals</u> (AARP) and the <u>Australian Reiki Connection Inc.</u> (ARC)



Please contact Gill with any questions at all It's Time to Heal!



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Training, Attunement & Healing Workshops

All Reiki Workshops at The Healing House are limited to 9 Participants. There are no special skills of talents required to learn Reiki.

The pre-requisite for Reiki One is a willingness to heal. The pre-requisite for Reiki Two is the completion of Reiki One. The pre-requisite for Reiki Two Extension the completion of Reiki Two with Gill.

> At the conclusion of Reiki One & Reiki Two Workshop, all participants receive a voucher for a One Hour Reiki Master Healing appointment

### 2018

# November 24 & 25 *Reiki One* \$330- / \$310- Concession

# December 2 & 8 Reiki Two Extension \$475- / \$450- Concession

#### 2019

# January 19 & 20 *Reiki One* \$330/ \$310 Concession

# February 18 & 19 *Reiki Two* \$445- / \$425- Concession

# March 16 & 17

Reiki Two Extension \$475- / \$450- Concession

# April 27 & 29

*Reiki One* \$330/ \$310 Concession

# **May** 25 & 26 *Reiki Two* \$445- / \$425- Concession



Gillian Moxom Reiki Master: Teacher and Healing Practitioner www.healinghouse.com.au \* healinghouse@bigpond.com 0407 561 607

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# 🥗 Women's Wholistic Empowerment Gatherings

Join Gill at The Healing House in Geelong ....

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Each week you will have the opportunity to enhance your knowledge and understanding to skillfully and consciously harmonize your Spiritual, Emotional, Mental and Physical well-being. We will include the opportunity to enhance and develop your Meditation

skills with Conscious Relaxation ... and ceremonial connections with the empowerment of the Full Moon throughout each year.

When? Each Wednesday evening Where? The Healing House in Geelong What Time? 7:15pm - 8:15pm The Fee? \$15- each time you come along.

### It's Time to Heal.

There are skills and understandings that Gill can share with you to support you as your journey through each day with a conscious connection to your Emotional, Mental, Physical and Spiritual Well-being. These Wednesday Evening Gatherings are a wonderful platform for women to gather and sit together as one with peace, knowledge, love, compassion, acceptance and understanding at the core of our Wednesday evenings together.

Women supporting Women

in the

heartfelt supportive environment

### of

The Healing House.

#### Bookings are essential

"Women's Wholistic Empowerment Gathering" .... Creating the space for you to feel Gracefully Empowered!





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Reiki Master Gathering Days for 2019 will be held on Saturday the 23rd of March and Saturday the 16<sup>th</sup> of November

We will gather at The Healing House in Geelong. 10:30am til 4pm.

We will have our traditional circle dressed in whites and embrace the depth of connection and acceptance of each other that sitting in circle offers. We will then break for our traditional shared lunch. Each afternoon will be supportive of our healing and Reiki Master Skills

Those who have completed their Reiki Master



In the New Year Reiki Healing Circle will be held each fortnight on Tuesday Evening at 7:15pm – 8:30pm

Reiki Healing Circle is held exclusively for those who have learnt Reiki at The Healing House.

Reiki Healing Circle is an opportunity for you to gain confidence with your Reiki Healing skills in a supportive and supervised environment.

During the evening you will have the opportunity to both offer and receive Reiki.

The first Reiki Healing Circle for 2019 will be held on Tuesday the 15<sup>th</sup> of January.

The Fee: \$10- each time you come along.





Meditation Circle will continue to be held in Ivanhoe each fortnight, on Thursday Morning.

The Time: 10:30pm – 12noon

The Fee: \$20-

Meditation Circle will be held on ... November 22 December 6 & 20 and will recommence on 10 January 2019



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# The Advanced Chakra Workshop

At this workshop you will learn \*how your Chakras influence your life \*how to balance your Chakras \*each Chakra's individual characteristics \*how Chakras are a part of your life

🤎 Understanding Your Chakras –

The Chakra Workshop

When you have knowledge about your Chakras you will feel a greater sense of:

Health Insight Spiritual Growth Personal Awareness

Who should do this workshop? Students of Reiki Anyone interested in personal balance, health and well-being Natural health professionals Anyone with Chakras

### The Fees?

\*The Fee is \$425-\*Concession Fee is \$400-(For Health Care Card Holders and those undertaking their Reiki Master Training) \*Review Fee of \$375-

(For those who have previously attended this workshop and would like to attend again)

#### 2019

3 & 9 February or 17 & 18 August 10:30am – 6pm both days at The Healing House in Geelong At this workshop you will learn
\*about the Chakras that sit outside of the main Chakra system.
\*their function, their influence
\*more advanced Chakra Balancing techniques.
\*how these Chakras can guide us to the journey of the soul beyond our human experience.

How can I attend The Advanced Chakra Workshop? The pre-requisite for this workshop is Understanding Your Chakras - The Chakra Workshop with Gill

#### The Fees?

The Fee is \$225-The Concession Fee is \$195-The Review Fee is \$175-

> **The Dates?** 2019 22 June or 31 August **The Times?** 10:30am - 5pm

This workshop is held at The Healing House in Geelong and is a One Day Workshop.



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# The Wesak Experience at The Healing House



Groups gather all around the world to connect with each other and the energies that support a worldwide healing flow for the Earth and all whose life-Force she supports ...

all humans, all creatures, all beings ... the air, the soil and the water. It is a time of wonderful blessings and connection called Wesak.

### **Enhanced Energetic Connection**

Wesak is a wonderful opportunity for healing, to expand your consciousness and to connect with a world-wide celebration for expansion of peace.

It is a world-wide celebration of spiritual enlivenment, connection, well-being and enhancement each year.

Wesak occurs each year at the Full Moon in May. The Full Moon one month beforehand in April, sets the energy for the Wesak Connection in May and the Full Moon in June completes the cycle.

In the Christian calendar the dates of Easter is determined by the phases of the Moon. Wesak is also determined by the phases of the Moon. Wesak is of great significance is important to those who have a connection to Buddha. The fact that these two occur so close to each other brings a lovely energy and synergy to the celebration of peace that this time offers us.

At the Wesak Full Moon *both Buddha and Christ* and other beings who oversee Mother Earth, and all her inhabitants, align their energies and, some say, actually appear in a sacred valley in Tibet. It is, at this time that they offer blessings to all who tune into this event, all over the world. For the millions of people who attune to the energies at this time, it is a powerful opportunity for healing and inner connection... and the overriding combined energies offer peace for Mother Earth and all whose life-force she supports.

The energies of Christ, Buddha and all the ascended beings of love and light, support all those who consciously connect with the energy of Wesak in their healing quest. Through the flow of their loving energy and our conscious connection to that energy we can experience awareness, understandings, healing and expansion of consciousness.

It is a magical opportunity for setting goals for spiritual, emotional, mental and physical evolution and awareness.

Conscious connection and conscious action towards these goals allows us the opportunity to take optimum advantage of the energy offered at Wesak.

These are a couple of the many reasons that I consciously connect with Wesak each year and have done so since 1995.

Some goals may take will take years to accomplish and progressive installments of energy will be offered through Meditation and specifically at subsequent Wesak celebrations.

Connecting with a group of like-minded people enhances the energetic opportunity of Wesak.

The grace and heart-felt connection liberally flows at that gathering. It is a sacred celebration for those who would like to enhance the essence of their spirituality.

Wesak creates a wonderful opportunity for change for yourself on the Emotional, Mental, Physical and Spiritual dimensions of your life.

The impact of energy is open for a couple of days on so either side of the actual full moon.



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# How will Wesak unfold at The Healing House in 2019?

Wesak celebrations are held around the world any time during that particular week.

We have found that gathering for these three phases of Wesak enhances our appreciation of ourselves as individuals and creates great connections and friendships with each other.

We embrace a guided meditation and energetically connect with the energetic opportunity offered us.

With this opportunity we also offer focused healing to Mother Earth and all whose life-force she supports.

We have lots of laughter, inner vision, personal healing and self-reflection.

The Three gatherings will be ...

Sunday the 14<sup>th</sup> of April (Aligning with the Full Moon on the 18<sup>th</sup>) Sunday the 19<sup>th</sup> of May (This is the weekend of this Auspicious Full Moon) Sunday the 16<sup>th</sup> of June

(Aligning with the Full Moon on the 17<sup>th</sup>)

Wesak can have a huge impact on your life and your potential for healing and transformation.

The Fee for each Wesak gathering is \$95-Concession Fee is \$75-

Join us for the next wonderful Wesak Experience.

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Gillian Moxom Reiki Master: Reiki Teacher & Reiki Healing Practitioner

#### Geelong

REIKI WORKSHOPS Reiki 1 Reiki 2 Reiki 2 Extension

#### Melbourne and Geelong

**REIKI PERSONAL TRAINING** Reiki Master: Healing Practitioner Reiki Master: Teacher & Healing Practitioner

#### **PERSONAL APPOINTMENTS**

Reiki Master Healing Wholistic Life-Skills – Mentoring & Guidance Plan

#### DISTANCE REIKI HEALINGS for Pets & Humans

**OPEN CIRCLES** Reiki Healing Circles Personal Growth and Spiritual Awareness Circles

#### SACRED CEREMONIES Home Blessings Sacred Earth Circle Creations

OTHER WORKSHOPS Understanding Your Chakras - The Chakra Workshop Advanced Chakra Workshop The Wesak Experience Reflect, Review & Renew – Reflect, Review & Renew... Wholistic Manifestation in Action

May you wear your power Lightly, May you walk with Impeccability, May you approach life with Compassion, May you live up to the Integrity of your unique human Potential

Sacred Native American Teaching

