



## **Personal Reiki Healing.**

I am often asked questions about coming along to The Healing House for personal Reiki Master Healing Appointments.

Questions like ....

How often is it best to receive a Reiki Master Healing?

Do I come along only when I need Reiki?

Do I still need to have Reiki Master Healings once I have learnt Reiki?

These are all great questions ...

I have offered Reiki Master Healings to many hundreds of clients ... and many pets ... over the past 23years. I have observed that those who come along to receive Reiki Master Healing with a rhythm are able to move through the inevitable ebbs and flows of life with a deeper sense of ease and grace.

It is so easy to get stuck in the challenges of life ... become low in our personal energy and feel stuck with apparently no clear pathway forward.

Many come to The Healing House feeling hopeless and helpless. Sometimes people come along feeling confused and unclear. Others feel tired and others feel anxious. The reasons the people find their way to The Healing House is endless.

During their Reiki Master Appointment, I have supported many clients move to a place of clarity and optimism. The way that Reiki Healing offers support to us consistently amazes and delights me.

Reiki offers support for our innate ability to heal. It supports harmony for our Emotional, Mental, Physical and Spiritual states of Being. It stimulates the natural state of being and balance for our external, Internal and external energy fields through a harmonised Chakra system.

When we reach a place of 'needing' Reiki, we are in the same state as being thirsty. Being thirsty indicates that we are already a bit dehydrated. When we are dehydrated our body is in stress

and it need to recover from that stress as well as rehydrating. Drinking water regularly means that we are constantly hydrated.

It is the same with Reiki. We are supported in life by finding our personal rhythm of healing to maintain our personal place of well-being and harmony.

Our world is one of rhythms ... the Earth around the Sun ... the Moon around the Earth ... the Tides twice each day.

Our lives thrive when we connect with our personal energy and healing with rhythm and flow.

Weekly appointments supports some clients ... fortnightly appointments support others ... some prefer monthly appointments.

Receiving regular Reiki Master Healing is an opportunity to surrender and receive nurturing, acceptance and healing ... surrender supports our relaxation ... acceptance soothes the soul ... and healing enlivens our spirit.

The ideal situation is to have learnt Reiki and offer yourself healing in between appointments to maintain a sense of Reiki harmony.

The attached newsletter and calendar have information about opportunities for you to come along The Healing House.

There are Meditation Circles, Women's Wholistic Empowerment Circles, Reiki Healing Circles and a variety of Workshops that may attract your attention and offer you options for healing, awareness, connection, empowerment and support.

I look forward to supporting you on your personal healing journey with whatever rhythm may suit you. Please contact me with any questions you may have

Sending you Many Best Wishes

Yours Truly

*Gill*



Healing Opportunities at The Healing House  
with  
Gillian Moxom  
Reiki Master:  
Reiki Teacher & Reiki Healing Practitioner

### Geelong

#### REIKI WORKSHOPS

Reiki 1  
Reiki 2  
Reiki 2 Extension

#### REIKI PERSONAL TRAINING

Reiki Master: Healing Practitioner  
Reiki Master: Teacher & Healing Practitioner

#### OTHER WORKSHOPS

Understanding Your Chakras - The Chakra Workshop  
Advanced Chakra Workshop  
The Wesak Experience  
Reflect, Review & Renew...  
Wholistic Manifestation in Action

#### GATHERINGS

Reiki Healing Circles  
Women's Wholistic Empowerment Gatherings  
Spring Equinox

### Melbourne and Geelong

#### PERSONAL APPOINTMENTS

Reiki Master Healing  
Wholistic Life-Skills – Mentoring & Guidance Plan

#### DISTANCE REIKI HEALINGS for Pets & Humans

#### MEDITATION TRAINING

Personal Growth and Spiritual Awareness Circles  
Personal Appointments

#### SACRED CEREMONIES

Home Blessings  
Sacred Earth Circle Creations  
Baby Blessings

#### CORPORATE TRAINING

'Conscious Relaxation -  
A Pro-Active Stress Strategy'



### Women's Wholistic Empowerment Gathering Geelong

\*Each Tuesday Morning & Wednesday Evening\*  
Tuesday: 10:30am – 11:30am  
or  
Wednesday: 7:15pm – 8:15pm  
Fee: \$15- each time you come along

Each week you will have the opportunity to  
enhance your knowledge  
and understanding to skilfully and consciously  
harmonize your sense well-being and connection  
We will include the opportunity to enhance and  
develop your Meditation skills with Conscious  
Relaxation ... and we will have ceremonial  
connections with the empowerment of the Full  
Moon throughout each year.



### Personal Appointments with Gillian Moxom

Gill is available for personal appointments where you  
will have the opportunity to receive a  
Reiki Master Healing.

### Appointments with Gill are available in both Geelong and Ivanhoe.

Reiki Master Healings can gently open the door  
to living and connecting with you and a life with  
more peace and harmony in your life.

Contact Gill to arrange your  
personal appointment.

### Reiki Healing Circle Geelong

\*Every second Tuesday Evening \*  
\*7:15pm – 8:30pm  
\*Fee: \$10

Anyone who has learnt Reiki with Gill  
is welcome to come along.

During the evening you will have the opportunity to  
offer and receive Reiki in the supportive and supervised  
space at  
The Healing House.

It's a perfect opportunity to confirm and gain  
confidence with your Reiki Healing skills.

#### March 2019

Tuesday evening the 12<sup>th</sup>  
\*\*\* Not on the 26<sup>th</sup> - Gill is at a conference \*\*\*  
Each fortnight again from April 9<sup>th</sup>

### Reiki Two Extension Workshop

**17 & 18 March** \*Saturday and Sunday ... 10:30am – 5pm

\*\$475- (\$450- for Health Care Card Holders)

This workshop is available for those who have completed Reiki Two with Gill and would like to confirm and expand their skills.

### Reiki Master Gathering Day

**23 March** \*Saturday ... 10:30am – 4pm

For those who have either completed or are undertaking Reiki Master Training with Gill

\*\$95-(\$75- for Health Care Card Holders and those undertaking their Master Training)

### Wesak 2019

**April 14 \* May 19 \* June 16** \* 10:30am – 4pm each day

The Fee Each Day is ...

\*\$95-(\$75- for Health Care Card Holders and those undertaking their Master Training)

This is the most auspicious two months of the year.

There is detailed information on the next page of this newsletter.

Hope you can join me.

### Reiki 1 Workshop

**27 & 28 April** \*Saturday and Sunday ... 10:30am – 5pm

\*\$345- (\$325-for Health Care Card Holders)

This workshop is available for those who would like to have Reiki as a part of their lives.

### Reiki 2 Workshop

**25 & 26 May** \*Saturday and Sunday ... 10:30am – 5pm

\*\$445- (\$425- for Health Care Card Holders)

This workshop is available for those who have learnt Reiki 1 and would like to be more closely aligned with Reiki healing energy.

### Advanced Chakra Workshop

**22 June** \*Saturday 10:30am – 5pm

\*\$225- (\$195- for Health Care Card Holders and those undertaking their Master Training)

This workshop is available for those who have attended the Chakra Workshop and would like to review and expand their knowledge and understanding of the fabulously interesting Chakra system.



Gillian Moxom

Reiki Master:

Teacher & Healing Practitioner

#### **Geelong**

9 Grafton Street

St Albans Park

#### **Melbourne**

30 Seddon Street

Ivanhoe



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INSTAGRAM:

@reikigill

\* Enliven Your Spirit \* Align With Your Purpose \* Nurture Your Soul \*

\* Flourish in Life \* Embrace Peace in Your Heart \*



## The Wesak Experience at The Healing House



Groups gather all around the world to connect with each other and the energies that support a worldwide healing flow for the Earth and all whose life-Force she supports ... all humans, all creatures,

all beings ... the air, the soil and the water.

It is a time of wonderful blessings and connection called Wesak.

### Enhanced Energetic Connection

Wesak is a wonderful opportunity for healing, to expand your consciousness and to connect with a world-wide celebration for expansion of peace.

*It is a world-wide celebration of spiritual enlivenment, connection, well-being and enhancement each year.*

Wesak occurs each year at the Full Moon in May. The Full Moon one month beforehand in April, sets the energy for the Wesak Connection in May and the Full Moon in June completes the cycle.

In the Christian calendar the dates of Easter is determined by the phases of the Moon. Wesak is also aligned with the phases of the Moon. Wesak is of great significance is important to those who have a connection to Buddha. The fact that these two occur so close to each other brings a lovely energy and synergy to the celebration of peace that this time offers us.

At the Wesak Full Moon it is believed that *both Buddha and Christ* and other beings who oversee Mother Earth, and all her inhabitants align their energies. Some say, actually appear in a sacred valley in Tibet. It is at this time that they offer blessings to all who tune into this event, all over the world.

For the millions of people who attune to the energies at this time, it is a powerful opportunity for healing and inner connection... and the overriding combined energies offer peace for Mother Earth and all whose life-force she supports.

The energies of Christ, Buddha and all the ascended beings of love and light, support all those who consciously connect with the energy of Wesak in their healing quest. Through the flow of their loving energy and our conscious connection to that energy we can experience awareness, understandings, healing and expansion of consciousness.

It is a fabulous opportunity for setting goals for spiritual, emotional, mental and physical evolution and awareness.

Conscious connection and conscious action towards these goals allows us the opportunity to take optimum advantage of the energy offered at Wesak.

Some goals may take will take years to accomplish and progressive installments of energy will be offered through Meditation and specifically at subsequent Wesak celebrations.

Connecting with a group of like-minded people enhances the energetic opportunity of Wesak.

The grace and heart-felt connection liberally flows at that gathering. It is a sacred celebration for those who would like to enhance the essence of their spirituality.

Wesak creates a wonderful opportunity for change for yourself on the Emotional, Mental, Physical and Spiritual dimensions of your life.

The impact of energy is open for a couple of days on so either side of the actual full moon.

### How will Wesak unfold at The Healing House in 2019?

Wesak celebrations are held around the world any time during that particular week.

We have found that gathering for these three phases of Wesak enhances our appreciation of ourselves as individuals and creates great connections and friendships with each other.

We embrace a guided meditation and energetically connect with the energetic opportunity offered us.

With this opportunity we also offer focused healing to Mother Earth and all whose life-force she supports.

We have lots of laughter, inner vision, personal healing and self-reflection.

The Three gatherings will be ...

#### **Sunday the 14<sup>th</sup> of April**

(Aligning with the Full Moon on the 18<sup>th</sup>)

#### **Sunday the 19<sup>th</sup> of May**

(This is the weekend of this Auspicious Full Moon)

(Women Only Event at The Healing House)

#### **Sunday the 16<sup>th</sup> of June**

(Aligning with the Full Moon on the 17<sup>th</sup>)

You are welcome to come along to any or all of the Gatherings for Wesak .

The Fee for each gathering: \$95-/Concession Fee: \$75-

***Hope you can me for  
Wesak Experience 2019***

May you wear your power Lightly,  
May you walk with Impeccability,  
May you approach life with Compassion,  
May you live up to the Integrity of your unique human Potential

*Sacred Native American Teaching*



## Understanding Your Chakras – The Chakra Workshop

At this workshop you will learn

- \*how your Chakras influence your life
- \*how to balance your Chakras
- \*each Chakra's individual characteristics
- \*how Chakras are a part of your life

When you have knowledge about your Chakras you  
will feel a greater sense of:

Health  
Insight  
Spiritual Growth  
Personal Awareness

Who should do this workshop?

Students of Reiki  
Anyone interested in personal balance,  
health and well-being  
Natural health professionals  
Anyone with Chakras

The Fees?

- \*The Fee is \$425-
- \*Concession Fee is \$400-  
(For Health Care Card Holders and those  
undertaking their Reiki Master Training)
- \*Review Fee of \$375-  
(For those who have previously attended this  
workshop and would like to attend again)

**2019**  
**17 & 18 August**  
**10:30am – 6pm both days**  
**at**  
**The Healing House in Geelong**



## The Advanced Chakra Workshop

At this workshop you will learn

- \*about the Chakras that sit outside of the  
main Chakra system.
- \*their function, their influence
- \*more advanced Chakra Balancing  
techniques.
- \*how these Chakras can guide us to the  
journey of the soul beyond our  
human experience.

How can I attend The Advanced Chakra Workshop?

The pre-requisite for this workshop is  
Understanding Your Chakras - The Chakra  
Workshop with Gill

The Fees?

The Fee is \$225-  
The Concession Fee is \$195-  
The Review Fee is \$175-

**The Dates?**

**2019**

**22 June**

**or**

**31 August**

**The Times?**

**10:30am - 5pm**

This workshop is held at  
The Healing House in Geelong  
and is a  
One Day Workshop.

## March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Feb 26: Geelong Personal Appointments	Feb 27: Geelong Personal Appointments	Feb 28: Geelong Personal Appointments	1 Geelong	2 Ivanhoe
		Women's Wholistic Empowerment Gathering 10:30am	Women's Wholistic Empowerment Gathering 7:15pm		Personal Appointments	Personal Appointments
3	4	5 Geelong	6 Geelong	7 Ivanhoe	8 Geelong	9
		Personal Appointments	Personal Appointments	Meditation Circle	Personal Appointments	
		Women's Wholistic Empowerment Gathering 10:30am	Women's Wholistic Empowerment Gathering 7:15pm	Personal Appointments		
10 Ivanhoe	11 Labour Day	12 Geelong	13 Geelong	14 Geelong	15 Geelong	16 Geelong
Personal Appointments	Public Holiday	Women's Wholistic Empowerment Gathering 10:30am	Personal Appointments	Personal Appointments	Personal Appointments	Reiki Two Ext
		Personal Appointments Reiki Healing Circle: 7:15pm	Women's Wholistic Empowerment Gathering 7:15pm			Day One 10:30am – 5pm
17 Geelong	18	19 Geelong	20 Geelong	21 Ivanhoe	22 Geelong	23 Geelong
Reiki Two Ext		Personal Appointments	Personal Appointments	Meditation Circle	Personal Appointments	Reiki Masters Gathering Day
Day Two 10:30am – 5pm		Women's Wholistic Empowerment Gathering 10:30am	Women's Wholistic Empowerment Gathering 7:15pm	Personal Appointments		10:30am – 4pm
24 Gill	25 is	26 away	27 at	28 a	29 Women's	30 Conference
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31						
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## April 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 .....	2 .....	3 Geelong	4 Ivanhoe	5 Geelong	6 Ivanhoe
	.....	.....	Personal Appointments	Meditation Circle	Personal Appointments	Personal Appointments
	.....	.....	Women's Wholistic Empowerment Gathering 7:15pm	Personal Appointments		
7	8	9 Geelong	10 Geelong	11 Geelong	12 Geelong	13 Ivanhoe
		Women's Wholistic Empowerment Gathering 10:30am	Personal Appointments	Personal Appointments	Personal Appointments	Personal Appointments
		Personal Appointments Reiki Healing Circle:7:15pm	Women's Wholistic Empowerment Gathering 7:15pm			
14 Geelong	15	16 Geelong	17 Geelong	18 Ivanhoe	19 Easter	20 Easter
Wesak Phase One		Personal Appointments	Personal Appointments	Meditation Circle	Public Holiday	Public Holiday
10:30am – 4pm		Women's Wholistic Empowerment Gathering 10:30am	Women's Wholistic Empowerment Gathering 7:15pm	Personal Appointments		
21 Easter	22 Easter	23 Geelong	24 Geelong	25 Geelong	26 Geelong	27 Geelong
Public Holiday	Public Holiday	Women's Wholistic Empowerment Gathering 10:30am	Personal Appointments	Personal Appointments	Personal Appointments	Reiki One
		Personal Appointments Reiki Healing Circle:7:15pm	Women's Wholistic Empowerment Gathering 7:15pm			Day One 10:30am – 5pm
28 Geelong	29	30 Geelong				
Reiki One		Personal Appointments				
Day Two 10:30am – 5pm		Women's Wholistic Empowerment Gathering 10:30am				

## May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Geelong	2 Ivanhoe	3 Geelong	4 Ivanhoe
			Personal Appointments	Meditation Circle	Personal Appointments	Personal Appointments
			Women's Wholistic Empowerment Gathering 7:15pm	Personal Appointments		
5	6	7 Geelong	8 Geelong	9 Geelong	10 Geelong	11 Ivanhoe
		Women's Wholistic Empowerment Gathering 10:30am	Personal Appointments	Personal Appointments	Personal Appointments	Personal Appointments
		Personal Appointments Reiki Healing Circle:7:15pm	Women's Wholistic Empowerment Gathering 7:15pm			
12 Mother's Day	13	14 Geelong	15 Geelong	16 Ivanhoe	17 Geelong	18
		Personal Appointments	Personal Appointments	Meditation Circle	Personal Appointments	
		Women's Wholistic Empowerment Gathering 10:30am	Women's Wholistic Empowerment Gathering 7:15pm	Personal Appointments		
19 Geelong	20	21 Geelong	22 Geelong	23 Geelong	24 Geelong	25 Geelong
Wesak Phase Two		Women's Wholistic Empowerment Gathering 10:30am	Personal Appointments	Personal Appointments	Personal Appointments	Reiki Two
10:30am – 4pm		Personal Appointments Reiki Healing Circle:7:15pm	Women's Wholistic Empowerment Gathering 7:15pm			Day One 10:30am – 5pm
26 Geelong	27	28 Geelong	29 Geelong	30 Ivanhoe	31 Geelong	
Reiki Two		Personal Appointments	Personal Appointments	Meditation Circle	Personal Appointments	
Day Two 10:30am – 5pm		Women's Wholistic Empowerment Gathering 10:30am	Women's Wholistic Empowerment Gathering 7:15pm	Personal Appointments		



## June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Ivanhoe
						Personal Appointments
2	3	4 Geelong	5 Geelong	6 Geelong	7 Geelong	8
		Women's Wholistic Empowerment Gathering 10:30am	Personal Appointments	Personal Appointments	Personal Appointments	
		Personal Appointments Reiki Healing Circle:7:15pm	Women's Wholistic Empowerment Gathering 7:15pm			
9 Ivanhoe	10 Queen's Birthday	11 Geelong	12 Geelong	13 Ivanhoe	14 Geelong	15
Personal Appointments	Public Holiday	Personal Appointments	Personal Appointments	Meditation Circle	Personal Appointments	
		Women's Wholistic Empowerment Gathering 10:30am	Women's Wholistic Empowerment Gathering 7:15pm	Personal Appointments		
16 Geelong	17	18 Geelong	19 Geelong	20 Geelong	21 Geelong	22 Geelong
Wesak Phase Three		Women's Wholistic Empowerment Gathering 10:30am	Personal Appointments	Personal Appointments	Personal Appointments	Advanced Chakra Workshop
10:30am – 4pm		Personal Appointments Reiki Healing Circle:7:15pm	Women's Wholistic Empowerment Gathering 7:15pm			10:30am – 5pm
23	24	25 Geelong	26 Geelong	27 Ivanhoe	28 Geelong	29 Geelong
		Personal Appointments	Personal Appointments	Meditation Circle	Personal Appointments	Reiki Two Ext
		Women's Wholistic Empowerment Gathering 10:30am	Women's Wholistic Empowerment Gathering 7:15pm	Personal Appointments		Day One 10:30am – 5pm
30 Geelong						
Reiki Two Ext						
Day Two 10:30am – 5pm						

